

## VISIT US

Castro dei Volsci is a delightful historical town in Frosinone's province, Ciociaria's heart, added on the list of "the most beautiful hamlets of Italy" and also part of the natural regional Park of Ausoni's mountains and lake of Fondi's territories.

Strategic "Castrum" of the XI century, today is a terrace from where you can admire the Ausoni's mountains, the Sacco valleys and the Amaseno.

The historical center welcomes the visitors suggestively on the occasion of the living nativity scene on Christmas and on Spring or Summer weekends with the opening of local shops.

# **VISIT ALSO**



#### ARCHAEOLOGICAL PARK "ANTICA CITTA' DI FREGELLAE"

S.R. 82 km 84 03032 Arce FR

← 16 km



#### NATURAL RESERVE LAKE CANTERNO



Fumone (FR)



45 km

### **CONTACTS**

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### **FOLLOW US**

- parcoausoni
- Parco Naturale Regionale Monti Ausoni e Lago di Fondi
- www.parchilazio.it/montiausoni

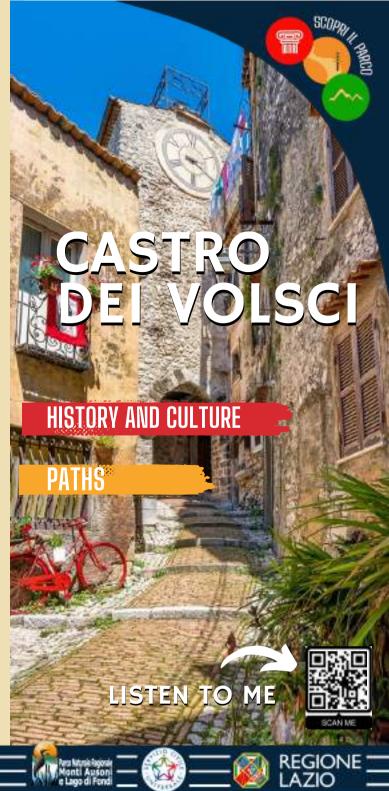




Work made by the volunteers of the Universal Civil Service Coordination by Daniela di Fazio

Commissario Straordinario Giuseppe Incocciati

Direttore dell'Ente Parco Ermenio Corina



# THE HISTORY

The second world war left a permanent scar in the history of Castro dei Volsci, marking it one of the darkest times for the community. The most tragic pages of history of those days were consumed in may 1944, when the North-African troops following the french army bloodied their hands with horrendous crimes, thefts and acts of violence especially towards women. These atrocities, named "marocchinate" represented a badge of shame for the locals

A constant memory of this tragedy, in 1964 was inaugurated a memorial after "Mamma Ciociara", erected on Castro dei Volsci's panoramical view. This sculpture, symbol of pain and resilience, wants to remember the courage of their women and their spirit of sacrifice. Together with the Peace memorial, all of this is an invite to human respect and fraternity of the people.



# DID YOU KNOW...



### NINO MANFREDI

Castro dei Volsci is the birthplace of Nino Manfredi. To celebrate him, an art exhibition has been set upon the "Tower of the clock".



### THE SHOPS

The association "La Scarana" has started the project "the shops of Queen Camilla" with the purpose to revive old crafts and abilities.



### **CIOCIARA'S COOKING**

Among the local dishes you can taste "le fettuccine" with tomato sauce, locally known as "Lakena" and the famous sausage from Castro who is orange flavoured.

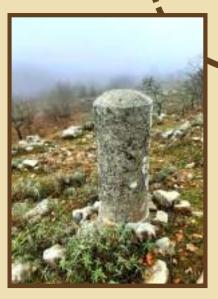




The shops are open every sunday, on variable schedules depending on the season.

To know more, check:

https://m.facebook.com/lebotteghedellareginacamilla



# THE PATHS =

Castro dei Volsci is found along the walk of Queen Camilla, a series of routes that unfold over 185 km and come through 13 towns of the Amaseno's river valley, in the southern Lazio.

The legend of Queen Camilla, a mythological figure, brave and strong, she accompanies the hikers to find rich places of culture and nature.

From the country start some paths that reach the highest peaks of the Park and lead to the discovery of the Cippi di Confine, stone columns placed in 1847 between the Papal State and Bourbonic Kingdom.